

Men need paternity leave



1 in 4 fathers experience varying degrees of depression after welcoming a child ([NCBI](#))



10% of fathers are depressed the first year of fatherhood ([NCBI](#))

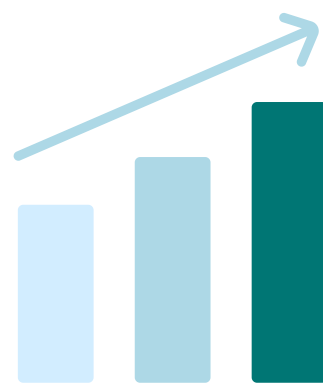


Fathers who take paternity leave typically have stronger bonds with their partner and children, improve maternal health outcomes for their partners, and improve household financial stability.

• Wall Street Journal, 2018



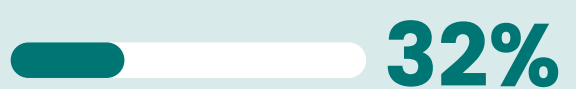
Anti-anxiety prescriptions decreased 26% for new moms when dads were given 30 days of leave



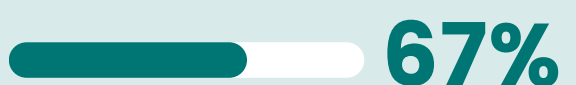
Every month of paid paternity leave is tied to a 7% increase in moms earnings ([JEC Report](#))

Men want, and use, paternity leave.

Paid paternity leave is now being offered by 32% of employers ([SHRM](#))



Including unpaid leave, sick days, and vacation time, 67% of first-time fathers took bonding leave after 2015 ([Census](#))



Let's normalize paternity leave together.